

Stirs the Soul Banana Fig Currant

INGREDIENTS: Cacao Beans, Bananas, Dried Figs, Currants, Cacao Butter, Dates.

01/10/2012

Nutrition Facts	
Serving Size 1 ounce (28g)	
Servings Per Container 2	
Amount Per Serving	
Calories 120	Calories from Fat 70
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 5g	25%
Sodium 0mg	0%
Total Carbohydrate 11g	4%
Dietary Fiber 3g	12%
Sugars 7g	
Protein 2g	
Vitamin C 4%	• Iron 4%
Not a significant source of trans fat, cholesterol, vitamin A and calcium.	
*Percent Daily Values are based on a 2,000 calorie diet.	