

Stirs the Soul Cayenne Cinnamon Bar

INGREDIENTS: Stoneground Cacao Beans,
Cacao Butter, Dates, Cayenne, Cinnamon.

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Nutrition Facts	
Serving Size 1 bar (28g)	
Servings Per Container 1	
Amount Per Serving	
Calories 160	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 8g	40%
Sodium 0mg	0%
Total Carbohydrate 9g	3%
Dietary Fiber 5g	20%
Sugars 5g	
Protein 3g	
Iron 4%	
Not a significant source of trans fat, cholesterol, vitamin A, vitamin C and calcium.	
*Percent Daily Values are based on a 2,000 calorie diet.	