

Stirs the Soul Coconut Bar

01/09/2012

INGREDIENTS: Stoneground Cacao Beans,  
Cacao Butter, Agave Nectar, Coconut Oil,  
Dried Coconut.

<b>Nutrition Facts</b>	
Serving Size 1 bar (28g)	
Servings Per Container 1	
<b>Amount Per Serving</b>	
<b>Calories</b> 170	Calories from Fat 120
<b>% Daily Value*</b>	
<b>Total Fat</b> 14g	<b>22%</b>
Saturated Fat 9g	<b>45%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 9g	<b>3%</b>
Dietary Fiber 4g	<b>16%</b>
Sugars 5g	
<b>Protein</b> 3g	
Not a significant source of trans fat, cholesterol	
*Percent Daily Values are based on a 2,000 calorie diet.	